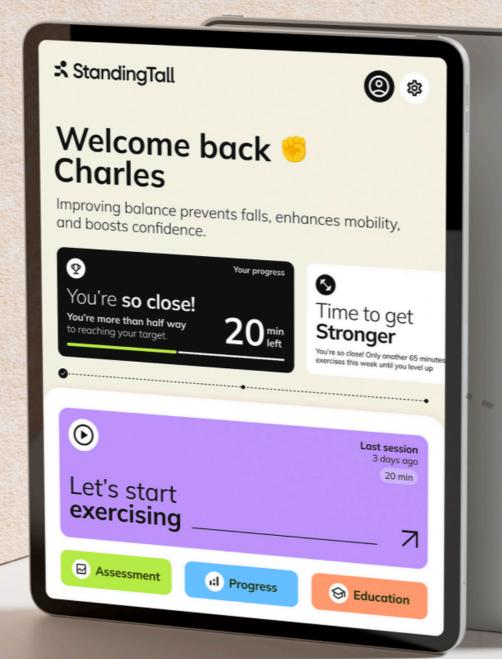
# **StandingTall**

Live Actively, Age Healthily



**Revolutionising aged care** 

Through accessible, evidence-based falls prevention.





Live Actively, Age Healthily



## Leading the Future of Digital Falls Prevention

StandingTall is a research-backed **digital exercise program** that helps older adults improve balance, strength, and confidence to prevent falls and injuries from falls at home.

### **Clinically Proven**

- 19% reduction in falls
- **20-42% reduction** in fall-related injuries

#### Accessible & Adaptable

- Personalised to each user's ability and confidence level
- Safe, progressive home-based exercises
- Easy to use within your practice, or independently by your clients



#### Partner with StandingTall

team@standingtall.net.au



www.standingtall.net.au

